



RANDOM ACTS OF  
**Kindness**  
 WEEK  
 February 14-20, 2024



# Elementary

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
<p><b>14</b>  <b>Read &amp; Wonder</b></p> <p>Read or listen to "<a href="#">Taste Your Words</a>" by Bonnie Clark. How would kind words taste? How would unkind words taste? Think about making your words taste yummy this week by doing and saying kind things!</p>	<p><b>15</b>  <b>Play Rocks, Paper, Scissors</b></p> <p>Invite a classmate you don't normally play with to play rocks, paper, scissors during recess.</p>	<p><b>16</b>  <b>Clean Up Captains</b></p> <p>If you see trash anywhere around school, be sure to clean it up even if it's not yours. Make sure to tell one of the custodians thank you for keeping the school clean!</p>	<p><b>17</b>  <b>Random Acts of Kindness Day</b></p> <p>Do an act of kindness for someone and encourage them to pay it forward.</p>	<p><b>18</b>  <b>Silly Sunday</b></p> <p>Ask a caregiver if you can call or a text someone you haven't talked to in a while to share a silly joke.</p>	<p><b>19</b>  <b>Kindness Round Up</b></p> <p>Gather with some friends or family members and take turns sharing one kind thing about someone in the group.</p>	<p><b>20</b>  <b>Fist Bumps Make it Better</b></p> <p>Fist bumps are fun way to greet or encourage someone. When you see someone give them a fist bump. Give a random schoolmate a fist bump at recess today!</p>

**Let the Kindness Roll!**

Looking to do even more random acts of kindness? Try this [fun way](#) to spread kindness this week!